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Influence of Postharvest Treatments on Quality of Loose Flowers of *Polianthes tuberosa* Linn. cv. Prajwal

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ABSTRACT

In order to study the interaction effect of pre-cooling (pre-cooled at 4⁰C and non-pre-cooled), packaging (fiber bag, bamboo basket with newspaper lining and Corrugated Fibre Board (CFB) box with 100 gauge polyethylene lining) and storage conditions (4⁰C and room temperature) on keeping quality of loose flowers of tuberose, fully developed unopened buds of tuberose loose flowers cv. Prajwal were harvested from the experimental plot early in the morning. It was observed that packaging significantly influenced fresh weight, flower size, weight loss, moisture percentage, freshness of flowers throughout the storage period, CFB boxes with polyethylene lining was the most effective one. Percent weight loss was minimum, freshness, moisture content, fresh weights were higher and maximum numbers of florets were open till 6 days. Fresh weight, flower size and moisture content was maximum in pre-cooled flowers kept in CFB boxes with polyethylene lining at 4⁰C followed by non-pre-cooled flower kept in CFB with polyethylene lining boxes at 4⁰C. Thus, pre-cooled flowers, kept in CFB boxes at 4⁰C was the best performer among all the treatment combinations with a shelf life of 15 days. In the present experiment beneficial effects of the combination of pre-cooling packaging and low temperature storage helped to create the modified atmospheric condition (low temperature and high relative humidity) and resulted to maintain a better quality flower for a longer time.

Keywords

Packaging material, Pre-cooling, Quality, Storage and Tuberose.

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Introduction

Flowers are the most beautiful creation of the earth. Flowers symbolize beauty, purity, peace, love affection and honesty. Flowers have been associated with Indian art and culture from the time immemorial starting with the offering of flowers during worship by the ancient *Rishis* (sages). The estimated area under flower crops in India is about 191 thousand hectares (2010-11) and production of cut and loose flower is about 69027 lakh in

numbers and 1031 thousand metric tonnes, respectively. The total area under floriculture in West Bengal is 23.1 thousand hectare, on which loose flower production is 59.2 thousand metric tonnes and cut flowers produced are about 23919 lakh in numbers (Anonymous, 1987). West Bengal shares highest area under cut flower production in India and shares around 34.65% of total production.

Among the cut flowers produced, tuberose (*Polianthes tuberosa* Linn.), a member of family Amaranthaceae, native to Mexico is one of the most important bulbous perennial crop grown in many tropical subtropical parts of the world and occupies a very selective and special position because of its beauty, elegance and sweet pleasant fragrance. Tuberose is also known as Glushaboo (Hindi); Rajanigandha (Bengali); Sukandaraji, Nelaspenji (Telugu); Nilasampanji (Tamil); Sugandharaja, Nelasamping or Sandharaga (Kanarese). Tuberose is commercially cultivated for cut and loose flower trade, and also it has long been cherished for aromatic oil extracted from its fragrant white flowers (Trueblood, 1973). Assam, Maharashtra, Gujarat, Haryana, Karnataka, Andhra Pradesh, Tamil Nadu, Uttar Pradesh, Uttarakhand and Orissa are the major states where tuberose has become very popular. It is estimated that in India tuberose is commercially cultivated over 30,000 hectare area (Singh *et al.*, 2010).

The survey made by International Trade Center UNCTAD/GATT, Geneva indicated that tuberose as a cut flower has tremendous demand in Belgium, France, and U.K (Anon, 1987). To meet this demand, tuberose is commercially cultivated in China, Egypt, France, Israel, Italy, New Zealand, South Africa, Spain, Sri Lanka, United States of America and In India, where, it is cultivated in large scale in the states of West Bengal, Karnataka, Tamilnadu, Andhra Pradesh, Maharashtra, Orissa, Gujarat, Uttar Pradesh, Haryana, Delhi. Tuberose usually needs to be transported from the production region to the remote market with a market price of 5 to 10 Rs. per spike (Tripathi, 2012). It is estimated that there is about 20 % loss of tuberose occur during market. Due to their extreme perishable nature proper treatment is required to maintain the quality of tuberose (Hardenburg, 1990). However, lack of

knowledge regarding proper post-harvest handling is one of the limiting factors in expansion of the trade and export of tuberose.

Modified atmosphere packaging of fresh commodities is a successful technology for prolonging the post-harvest life during storage and marketing (Kader, 1986). One of the major benefits of modified atmosphere packaging (MAP) is the prevention or retardation of flower senescence and associated with physiological and biochemical changes (Sandhya, 2010).

Dry storage of flowers also helps in prolonging the duration of transport. Dry storage of flowers involves keeping the flowers in package boxes and stored at room temperature or under controlled conditions by maintaining temperature, relative humidity and air circulation without keeping them in water or any other preservative solutions. The main problem of dry storage is moisture loss or desiccation. To minimize this water loss wrapping material of different types are used. This technology was used in our present investigation and the main objective of the present study was to find out best wrapping material for enhancing the vase-life of tuberose cut flowers cv. Calcutta Double. For loose flower production, tuberose is harvested at fully opened stage (Bhattacharjee, 2001). But it has been found that these are also harvested at fully developed bud stage. Tuberose loose florets are used for various decoration purposes and also for extraction of essential oil. Picking of individual flowers which grow at the horizontal position on the flower stalk is done early in the morning. Harvesting those in the previous evening, and marketing in the next day, leads to the weight loss of about 40 percent (Rameshwar, 1976). However, there are few reports on the studies of extension of loose tuberose flowers with the help of different packaging materials (Nagaraja *et al.*, 1999a; Nagaraja *et al.*,

1999b). Thus, the present investigation aimed to find out best packaging material for enhancing shelf life of tuberose loose flowers under West Bengal condition so that the flowers can be available to the end users (consumers, oil extractors, decorators making floral ornaments and likewise) for longer duration. Therefore, keeping in mind, the above discussed factors regarding the tuberose flowers (Cut and loose, both), present investigation “Influence of postharvest treatments on quality of loose flowers of *Polianthes tuberosa* linn. cv. Prajwal” was planned.

Materials and Methods

The experiment was conducted in the laboratory of the Department of Post-Harvest Technology Horticultural Crops, Faculty of Horticulture, Bidhan Chandra Krishi Viswavidyalaya, Mohanpur, Nadia, West Bengal, during 2011-2012. The experimental details and techniques employed in the study are described as follows:

Site of experiment

Tuberose crop were grown in an experimental plot of Mondouri, Horticultural research station, Nadia, West Bengal. The post-harvest experiments were conducted under laboratory conditions at the Department of Post-Harvest Technology of Horticultural Crops, Faculty of Horticulture, Bidhan Chandra Krishi Viswavidyalaya Mohanpur; Nadia; West Bengal during 2011-2012.

For the experiment cut tuberose of cv. Calcutta Double and loose tuberose of cv. Prajwal were collected from an experimental plot of Mondouri, Horticultural research station, Nadia, West Bengal. The experimental plot were well prepared by repeated tilling and application of organic manure (@5kg/m²) and inorganic fertilizer (N: P: K @ 100: 100: 150).

Packaging materials

In order to study the effect of packaging and storage on keeping quality of loose flowers of tuberose, fully developed unopened buds of tuberose loose flower cv. Prajwal was harvested from the experimental plot early in the morning.

The harvested buds were divided into two lots viz. pre-cooled (PC) and non-pre-cooled (NPC) each containing 1200g of loose flower. One lot was kept for pre-cooling at 4°C and second lot was kept in ambient temperature for 24 hours.

After 24hrs the lots were equally divided into two halves and loose florets were then packed in different packing material *i.e.* fiber bag, round bamboo basket with newspaper lining and CFB box with 100 gauge polyethylene lining (200g in each packaging material) and stored at 4°C and ambient temperature. This was also followed in non-pre-cooled (NPC) lots.

Laboratory condition

The temperature measured in Celsius scale and relative humidity, measured by hygrometer inside the laboratory during the experiments. Average light intensity inside the laboratory was 250 lux. Vase water used for experiment was normal distilled water.

Variety

Prajwal (This cultivar bears single type flowers on tall, stiff spikes. The flower buds are slightly pinkish in colour while the open flowers are white. The individual florets are heavier in weight and larger in size compared to Mexican single. It yields 20% more loose flowers than Shringar. This cultivar is best suited for loose flower, cut flower and perfumery industry).

Fully developed unopened buds were harvested from the field. The flowers were subjected to treatments pre-cooling at 4⁰C (PC) and non-pre-cooling (NPC). Then, they were packed in three packages *i.e.*, Fiber bag (34 cm x 21 cm), Round Bamboo basket with newspaper lining and CFB box (20cm x 12cm x 7cm) with 100 gauge polyethylene lining. Later, they were stored in ambient condition and at 4⁰C. Each treatment was replicated thrice. The sample size is 200g / replication.

Observations recorded

Fresh weight of flowers was measured using a weighing balance and diameter of the flower was determined using Vernier calipers. Physiological loss in weight (PLW %) and moisture content (%) were computed by the methods suggested by Ranganna (1999). Freshness percentage was calculated using the below formula

$$\text{Freshness \%} = \frac{\text{Number of fresh florets}}{\text{Total number of florets}} \times 100$$

Statistical analysis

Factorial Completely Randomized Design (CRD) method was used for calculating the variance of the experiment (Gomez and Gomez, 1984).

Results and Discussion

Freshness of tube rose floret was significantly influenced by pre-cooling (4⁰C), packaging material (fiber bag, gunny bag, CFB box with polyethylene lining) and storage temperature (4⁰C). Maximum freshness was retained in pre cooled flower stored in corrugated fiber box (CFB) box with polyethylene lining at low temp (4⁰C) followed by non pre cooled flowers stored in CFB box with polyethylene lining at low temperature. Pre cooled flower

stored in CFB box with polyethylene lining at low temperature maintained 100% freshness till 9th day and retained 64.67% on 15th day of storage. Minimum freshness of 75.57% on 6th day and 22.79% on 9th day was observed in non pre cooled flowers stored in bamboo basket under room temperature (Table 1).

Data presented in table 2 revealed that flower size generally increased during the initial phase of storage, varying from treatment to treatment, and gradually decreased at the later part of storage period. Individual effect of packaging materials, storage temperature and their interaction significantly influenced the flower size on 6th day onward. However, pre-cooling significantly improved flower size on 9th day and 12th days only. The maximum flower size (3cm) was obtained in loose flowers pre cooled at 4⁰C and stored in CFB box at low temp (4⁰C).Whereas, non pre cooled flower stored in bamboo basket with newspaper lining at room temperature exhibited least flower size of 0.53 cm on 6th day of storage.

The weight loss of loose florets was significantly influenced by individual effect of pre-cooling, packaging and storage temperature and also with their interaction effects on 6th days onward (Table 3). Florets kept in CFB box with polyethylene lining at low temperature without pre cooling initially exhibited least weight loss up to 9 days (0.62%, 1.33%, 2.28% at 3, 6, 9 days respectively), followed by pre cooled flower kept in CFB box with polyethylene lining under low temperature (4⁰C) which showed weight loss up to 0.67%, 1.6%, 3.08% at 3rd, 6th and 9th of storage, respectively. However, during later part of storage, pre-cooled flower kept in CFB box with polyethylene lining at low temperature resulted in least weight loss, exhibiting weight loss of 2.85% and 5.85% on 12th and 15th days of storage, respectively.

Data presented in table 4 revealed that highest moisture content was maintained initially in non-pre-cooled flower kept in CFB box with polyethylene lining under low temperature (99.42; 98.67; 97.2% on 3rd, 6th and 9th day respectively).

Whereas during the later part, pre-cooled flower kept in CFB box with polyethylene lining under low temperature could retained the moisture to highest extend 97.15% on 12th day, 94.10% on 15th day.

The least moisture content was observed in non pre cooled flower stored in bamboo basket under ambient situation (87.58% on 3rd day) where, pre cooled flower stored in bamboo basket under ambient situation exhibited least moisture (69.40% on 6th day). It was observed from the data presented in

table 5 that loose florets of tuberose cv. Prajwal could be stored up to 15 days at 4°C in CFB box with polyethylene lining when pre cooled at 4°C, resulting to maximum fresh weight 188.30 g.

On the other hand, florets kept in bamboo basket without pre-cooling under ambient condition exhibited least freshness on 3rd day (175.17 g) and 6th day (138.10 g). These florets could not be stored beyond 6 days.

Pre-cooling of tuberose florets at 4°C followed by packaging in CFB box with polyethylene lining with vent and subsequent storage at low temperature condition (4°C) significantly improved the shelf life, weight loss, moisture per cent and freshness throughout the storage period 15 days.

Table.1 Effect of pre-cooling, packaging and storage on shelf life and Freshness of loose flowers of tuberose cv. Prajwal

Treatment	Shelf life	Freshness at			
		6 days	9 days	12 days	15 days
C □ P □ T					
C ₁ P ₁ T ₁	10.00	100.00	90.40	44.40	0.00
C ₁ P ₁ T ₂	8.00	85.87	55.47	0.00	0.00
C ₁ P ₂ T ₁	6.00	100.00	53.63	0.00	0.00
C ₁ P ₂ T ₂	6.00	77.60	32.97	0.00	0.00
C ₁ P ₃ T ₁	17.00	100.00	100.00	96.80	64.67
C ₁ P ₃ T ₂	9.00	100.00	56.90	33.73	0.00
C ₂ P ₁ T ₁	10.00	100.00	87.50	39.87	0.00
C ₂ P ₁ T ₂	8.00	84.30	52.87	0.00	0.00
C ₂ P ₂ T ₁	6.00	99.00	50.33	0.00	0.00
C ₂ P ₂ T ₂	6.00	75.57	22.79	0.00	0.00
C ₂ P ₃ T ₁	15.00	100.00	99.20	85.27	50.77
C ₂ P ₃ T ₂	8.00	100.00	40.70	0.00	0.00
SEm (±)	0.569	0.444	3.059	0.368	0.411
CD (P=0.05)	NS	NS	NS	1.079	1.205

C₁ = pre- cooled, C₂ = non pre- cooled, P₁ = fiber bag, P₂ = bamboo basket, P₃ = CFB, T₁ = 4°C, T₂ = room temperature,

Table.2 Effect of pre-cooling, packaging and storage on flower size (cm) of Loose flowers of tuberose cv. Prajwal

Treatment	Flower size(cm) at				
	3 days	6 days	9 days	12 days	15 days
C □ P □ T					
C ₁ P ₁ T ₁	1.97	2.13	1.03	0.00	0.00
C ₁ P ₁ T ₂	2.17	1.43	0.00	0.00	0.00
C ₁ P ₂ T ₁	2.40	0.67	0.00	0.00	0.00
C ₁ P ₂ T ₂	1.53	0.67	0.00	0.00	0.00
C ₁ P ₃ T ₁	2.00	2.40	3.00	2.37	1.13
C ₁ P ₃ T ₂	2.00	2.77	0.97	0.00	0.00
C ₂ P ₁ T ₁	1.73	2.27	1.00	0.00	0.00
C ₂ P ₁ T ₂	1.93	0.67	0.00	0.00	0.00
C ₂ P ₂ T ₁	2.07	0.73	0.00	0.00	0.00
C ₂ P ₂ T ₂	1.80	0.53	0.00	0.00	0.00
C ₂ P ₃ T ₁	1.83	2.70	2.37	1.83	1.30
C ₂ P ₃ T ₂	2.63	2.33	0.00	0.00	0.00
SEm (±)	0.238	0.137	0.080	0.035	0.046
CD (P=0.05)	NS	NS	NS	0.103	NS

C₁ = pre-cooled, C₂ = non pre-cooled, P₁ = fiber bag, P₂ = bamboo basket, P₃ = CFB, T₁ = 4⁰C, T₂ = room temperature,

Table.3 Effect of pre-cooling, packaging and storage on weight loss (%) of Loose flowers of tuberose cv. Prajwal

Treatment	Weight loss at				
	3 days	6 days	9 days	12 days	15 days
C □ P □ T					
C ₁ P ₁ T ₁	6.48	15.47	23.53	0.00	0.00
C ₁ P ₁ T ₂	7.62	19.92	0.00	0.00	0.00
C ₁ P ₂ T ₁	10.32	26.72	0.00	0.00	0.00
C ₁ P ₂ T ₂	10.57	30.60	0.00	0.00	0.00
C ₁ P ₃ T ₁	0.67	1.60	3.08	2.85	5.85
C ₁ P ₃ T ₂	1.94	4.50	6.25	0.00	0.00
C ₂ P ₁ T ₁	6.48	16.30	23.98	32.23	0.00
C ₂ P ₁ T ₂	8.12	21.77	0.00	0.00	0.00
C ₂ P ₂ T ₁	10.55	27.90	40.92	0.00	0.00
C ₂ P ₂ T ₂	12.43	29.37	0.00	0.00	0.00
C ₂ P ₃ T ₁	0.62	1.33	2.28	5.28	9.78
C ₂ P ₃ T ₂	2.19	4.95	0.00	0.00	0.00
SEm (±)	0.317	0.389	0.368	0.493	0.569
CD (P=0.05)	NS	1.141	1.079	1.446	1.669

C₁ = pre-cooled, C₂ = non pre-cooled, P₁ = fiber bag, P₂ = bamboo basket, P₃ = CFB, T₁ = 4⁰C, T₂ = room temperature,

Table.4 Effect of pre-cooling, packaging and storage on moisture per cent of Loose flowers of tuberose cv. Prajwal

Treatment	Moisture per cent at				
	3 days	6 days	9 days	12 days	15 days
C × P × T					
C ₁ P ₁ T ₁	93.53	84.53	76.47	0.00	0.00
C ₁ P ₁ T ₂	92.38	80.08	0.00	0.00	0.00
C ₁ P ₂ T ₁	89.68	73.28	0.00	0.00	0.00
C ₁ P ₂ T ₂	89.45	69.40	0.00	0.00	0.00
C ₁ P ₃ T ₁	99.33	98.40	96.92	97.15	94.15
C ₁ P ₃ T ₂	98.10	95.50	93.75	0.00	0.00
C ₂ P ₁ T ₁	93.52	83.70	76.02	67.77	0.00
C ₂ P ₁ T ₂	91.88	78.23	0.00	0.00	0.00
C ₂ P ₂ T ₁	89.45	72.10	59.08	0.00	0.00
C ₂ P ₂ T ₂	87.58	70.63	0.00	0.00	0.00
C ₂ P ₃ T ₁	99.42	98.67	97.72	94.72	90.22
C ₂ P ₃ T ₂	97.82	95.05	0.00	0.00	0.00
SEm (±)	0.314	0.389	0.368	0.493	0.569
CD (P=0.05)	NS	1.141	1.079	1.446	1.669

C₁ = pre-cooled, C₂ = non pre-cooled, P₁ = fiber bag, P₂ = bamboo basket, P₃ = CFB, T₁ = 4⁰C, T₂ = room temperature,

Table.5 Effect of pre-cooling, packaging and storage on fresh weight of Loose flowers of tuberose cv. Prajwal

Treatment	Fresh weight at				
	3 days	6 days	9 days	12 days	15 days
C × P × T					
C ₁ P ₁ T ₁	187.07	169.07	152.93	0.00	0.00
C ₁ P ₁ T ₂	184.77	160.17	0.00	0.00	0.00
C ₁ P ₂ T ₁	179.37	146.57	116.30	0.00	0.00
C ₁ P ₂ T ₂	178.90	138.80	0.00	0.00	0.00
C ₁ P ₃ T ₁	198.67	196.80	193.83	194.30	188.30
C ₁ P ₃ T ₂	196.20	191.00	187.50	0.00	0.00
C ₂ P ₁ T ₁	187.03	167.40	152.03	0.00	0.00
C ₂ P ₁ T ₂	183.77	156.47	0.00	0.00	0.00
C ₂ P ₂ T ₁	178.90	144.20	0.00	0.00	0.00
C ₂ P ₂ T ₂	175.17	141.27	0.00	0.00	0.00
C ₂ P ₃ T ₁	198.83	197.33	195.43	189.43	180.43
C ₂ P ₃ T ₂	195.63	190.10	0.00	0.00	0.00
SEm (±)	0.629	0.779	0.687	0.965	1.138
CD (P=0.05)	NS	2.285	2.015	NS	3.338

C₁ = pre-cooled, C₂ = non pre-cooled, P₁ = fiber bag, P₂ = bamboo basket, P₃ = CFB, T₁ = 4⁰C, T₂ = room temperature

This finding accorded with those reported earlier for tuberose (Madaiah and Reddy, 1994; Madaiah and Reddy, 1992; Nagaraja *et al.*, 1999a; Nagaraja *et al.*, 1999b) and jasmine (Nirmala and Reddy, 1992; Thamaraiselvi *et al.*, 2011).

Pre-cooling of tuberose florets essentially helped to remove field heat from flower which ultimately resulted into increase in shelf life. Pre-cooling was a very important step in proper storage management whenever flowers were held dry packed. Pre-cooling reduced field heat and respiration, prevented moisture from condensing on the flowers, reduced the risk of infection and reduced the amount of ethylene inside the package.

The florets in CEB boxes with PE lining had less physiological loss in weight (PLW) with increased freshness as because the said packaging material could retain higher moisture content leading to delay in the appearance of wilting symptoms (Madaiah and Reddy, 1992). This was probably due to the modified atmosphere condition of gaseous composition and high relative humidity created by the CFB boxes with PE lining (Anzeuto and Rizvi, 1985).

Further, storage of tuberose after pre-cooling and packaging, under low temperature condition helped to increase the shelf life significantly. Due to maintenance of lower temperature along with high humidity (in the CFB box with polyethylene lining) the rate of moisture loss from the flower was reduced in the present investigation, leading to reduction in physiological loss in weight (PLW) and maintenance of freshness. The rate of respiration and other enzymatic activities were also probably much lower, there by delaying the senescence process in the florets. These findings accorded with those of other researchers (Madaiah and Reddy, 1992) who reported extension of storage life of flowers

by using lower temperature. According to Reid (1992), reduction the metabolism in, however, was only one of the benefits of lowering the temperature of harvesting ornamentals. Besides, metabolism and the senescence process underlain, the post-harvest life of harvested ornamentals was also affected by loss of water, loss of respirable substrate, attack by micro-organisms and undesirable growth and development.

In the present experiment beneficial effects of the combination of pre-cooling packaging and low temperature storage helped to create the modified atmospheric condition (low temperature and high relative humidity) and resulted to maintain a better quality flower for a longer time.

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